# EVERY SUMMER has a STORY MCA CAMP PIOMINGO Summer Overnight Camp



the

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

# SUMMER 2024 PARENT INFORMATION PACKET



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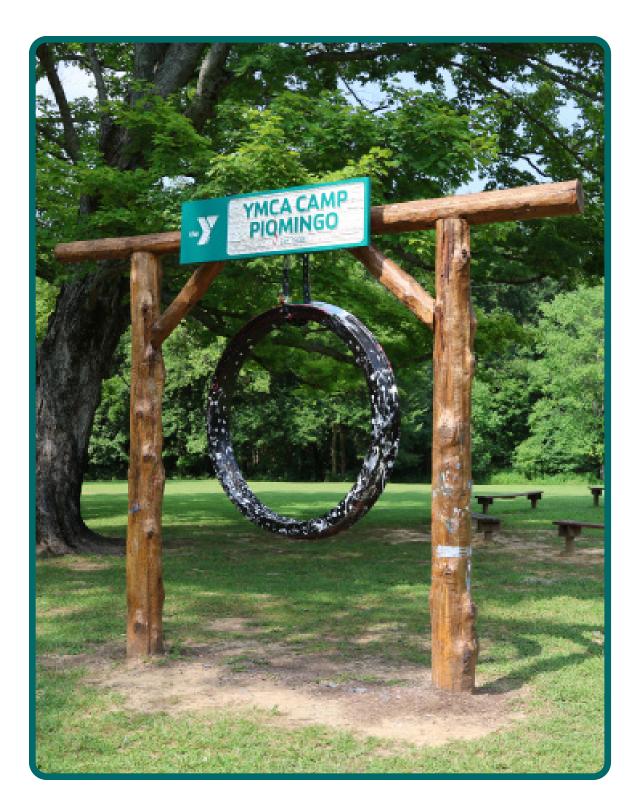


YMCA Camp Piomingo

 •
 1950 Otter Creek Park Road • Brandenburg, KY 40108 • 502.942.2616
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 ymcacamppiomingo.org

 Office open Monday – Friday from 8:30am – 5pm. For summer after-hours or weekend emergency, call 502.676.0683.
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### **TRADITIONAL YOUTH/TEEN**

Session 1: June 9-14 Session 2: June 16-21 Session 3: June 23-28 Session 4: June 30-July 5

Session 5: July 7-19

Session 6: July 21–26

Session 7: July 28-August 2

#### **COUNSELORS IN TRAINING**

Session 1: June 9–28

Session 2: July 7-26

### **LEADERS IN TRAINING**

Session 1: June 9-21

Session 2: July 7–19

Session 3: July 21-August 2

### TRAILBLAZERS

Session 1: June 9–14 Climbing/Camping at Red River Gorge Session 2: June 23–28 Backpacking in New River Gorge area Session 3: July 7–19 Backpacking in Great Smoky Mountain area Session 4: July 28–August 2 Rafting/Camping at New River Gorge

**2 WEEK EQUESTRIAN** 

(INTERMEDIATE)

Session 1: June 9-21

Session 2: July 7–19

MINI-CAMPS

Session 3: July 21-August 2

Session 1: June 30–July 2

Session 2: August 4-6

**MINI-CAMPS/EQUESTRIAN** 

### 1 WEEK EQUESTRIAN (BEGINNER)

Session 1: June 9-14 Session 2: June 16-21 Session 3: June 23-28 Session 4: July 21-26

Session 5: July 28-August 2



# 2024 OVERNIGHT DATES

#### THEME WEEKS

Session 1: FantasySession 2: The Great OutdoorsSession 3: HollywoodSession 4: CelebrationSession 5 (week 1): Piomingo Cinematic UniverseSession 5 (week 2): Up and AtomSession 6: Wild WestSession 7: Splish Splash



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Campers learn the YMCA's core values of caring, honesty, respect, and responsibility.

Here at camp, we add on a fifth core value of faith, referring to faith in yourself and others.





## WELCOME TO YMCA OF GREATER LOUISVILLE'S OVERNIGHT CAMP!

Hello Camp Families! Welcome to Summer 2024. To families new and old, "Welcome Home". We are looking forward to another summer of camp in the heart of Otter Creek Outdoor Recreation Area. I am excited to share this magical place with all of you. It's easy to feel the camp magic brewing as summer draws closer. We just need you all here to make the magic happen.

This summer we will continue our commitment to creating a safe experience for our campers; physically, mentally, and emotionally. With this commitment, we pledge to ensure that each camper is given the opportunity to be successful at camp in whatever way they define success.

We have been working hard to get camp ready for all of you and we can't wait to hear how your year away from us has been. Volunteers, families, and even Americorps teams have been busy ensuring that camp is ready to welcome you all with open arms. At the end of each week for Summer 2024, our senior leadership team invites families and guardians to join us for a cookout at the close of programming each Friday. This is an opportunity to get to know your camper's counselor, tour some spaces of camp, and experience camp through your camper's eyes. We hope you will join us.

We are also very excited to be continuing our global engagement at camp by welcoming staff from all over the world. We've met some great friends with different stories and cultures who are excited to meet and work with our campers.

We look forward to meeting or reconnecting with all of our families and campers – if you should ever need anything, please do not hesitate to reach out.

Happy Camping!

#### Kim Green Executive Director





### LAST YEAR, MORE THAN 80% OF OUR SUMMER STAFF WERE FORMER CAMPERS AT YMCA CAMP PIOMINGO

Summer staff are recruited from previous campers and staff, local and national colleges and universities, and staff contacts. We also have staff joining us from all over the world this year through International Staffing programs! Our staff are at least 17 years of age, must complete an application and interview, and pass a criminal record check. YMCA Camp Piomingo staff receive First Aid/CPR certifications, as well as trainings on risk-management, social and skill development, community building, assisting campers with homesickness, and much more during a mandatory week-long training. Staff may also undergo a second week of training to become lifeguard or ropes course certified. Staff to camper ratio is in accordance with standards set by the American Camping Association.

#### YEAR-ROUND ADMINISTRATIVE STAFF

Kim Green Executive Director

Brooke Guess Senior Program Director

Alex Carpenter Program Director

### SUMMER STAFF STRUCTURE

Executive Director Program Directors Coordinator Team Specialist Team Camp Counselors



### YMCA OF GREATER LOUISVILLE MISSION STATEMENT

The mission of the YMCA of Greater Louisville is to put Christian principles into practice through programs that build a healthy spirit, mind, and body for all. The YMCA is about...

**Youth Development** – Children need caring adults to provide support, guidance, and encouragement as they grow. All children deserve the opportunity to discover who they are and what they can achieve.

**Healthy Living –** Wellness in spirit, mind, and body strengthens our very being and enhances our interactions with others.

**Social Responsibility** – We truly are in this together and together we can harness our individual strengths and bring about positive change around us. The Y is dedicated to building healthy, confident, secure, and connected children, families, and communities.

### YMCA CAMP PIOMINGO PROGRAM PHILOSOPHY

Since 1938, YMCA Camp Piomingo has been providing inspiring, engaging and educational co-ed camp programs for children ages 5-17. Camp uses a variety of activities to instill core values and life lessons in our future leaders. Through these activities, campers learn the YMCA's core values of caring, honesty, respect, and responsibility. We added a fifth core value of faith—faith in yourself and others. Camp also enables growth in character, confidence, and courage. Leadership development is also a core component of camp, designed to prepare teens for future counselor positions. All planning and preparation for summer 2024 is focused on what we learned and how we were successful in maintaining health and safety during the summer of 2023.

# AMERICAN CAMP ASSOCIATION (ACA) ACCREDITED

ACA Accreditation means we follow the health, safety, and program standards put in place by the American Camp Association. ACA collaborates with experts from the American Academy of Pediatrics, The American Red Cross, and other youth service agencies to assure that camp practices reflect up-to-date research-based standards in camp operation.



### **CAMPER PAPERWORK**

The following must be completed and submitted before your camper's arrival. Forms need to be completed online or over the phone with a Piomingo staff member.

**Registration** – All campers should be registered via CampMinder, our online registration system, or by calling the camp office.

**Camper Forms** – Can be found by logging into your Camp In Touch account and include: Health History, Bunk Requests, Camper Application (for editing), Additional Options, and Camper Photo upload.

**Final Payments** – All final camp fees are due by June 1. If a family registers for camp after June 1, payment in-full will be due at time of registration.

### **PREPARING FOR CAMP**

### HOMESICKNESS

Going to an overnight camp is a big growth opportunity for both the parent and the child.

For a child, independence is a thrilling experience combined with the opportunity to make new friends and learn many new outdoor skills. It can also be one of their biggest challenges. Frequently, excitement can turn into anxiety. Apprehension and homesickness are perfectly normal feelings.

Our staff are trained in working with campers experiencing homesickness. However, each camper's case is unique. There may be times we need to call you regarding (you are the expert on your camper, after all) to develop a plan of action that best suits the individual.

Please note that if a camper is picked up due to homesickness, a refund will be at the discretion of the administrative team.

For more information on homesickness and taking steps to prevent it, please **SCAN HERE** for this article from the American Camping Association:



### **CHANGES AND CANCELLATIONS**

A deposit is required with all registrations and is non-refundable. The final balance is due by June 1. Cancellation for ANY session must be made at least two weeks before that session begins. All cancellations must be made in writing by calling the office at 502.942.2616 or emailing piomingo@ymcacamppiomingo.org.





### **BEHAVIOR EXPECTATIONS & CONCERNS**

At YMCA Camp Piomingo, we are committed to creating a safe and inclusive environment where campers can learn, grow, and have fun. Our approach to behavior management is rooted in restorative practices, emphasizing communication, understanding, and positive reinforcement.

We believe in working collaboratively with campers to address any behavioral challenges, and we appreciate the partnership with parents when challenges and behaviors arise. Our staff are trained to work with campers on a variety of behaviors – they take great measures to identify underlying causes of conflict and help campers restore or rebuild relationships.

Campers must meet the eligibility criteria and display behavior that is aligned with our values of Caring, Honesty, Respect, Responsibility, and Faith as described in their orientation and cabin contracts. As such, bullying is not tolerable at YMCA Camp Piomingo.

In the event of bullying, our trained staff will employ a restorative approach, focusing on repairing harm and fostering understanding. This involves open communication between parties involved, facilitated discussions, and promoting empathy. Our goal is to ensure a safe and supportive atmosphere for all campers, where everyone feels valued and respected. We honor each camper's individual experience at camp, and if they are being negatively impacted by another camper, that camper may be asked to leave if our approach is not effective.

If a camper is dismissed, parents are responsible for transportation, and no refunds will be issued.

We reserve the right to dismiss campers from the program without warning.

### **CAMP RULES/EXPECTATIONS**

On opening day of each session, these general camp rules will be discussed with the campers during orientation. It is expected that all campers follow the camp rules to make sure camp is a safe and successful place for all.

- The use of appropriate language is required.
- Any act intended to hurt someone physically, mentally, or emotionally violates the safety and security of all campers and staff. Actions of this nature are not welcome and may be grounds for immediate dismissal following mediation with senior leadership.
- Please refrain from marking or drawing on camp property, and leave rocks where Mother Nature has placed them.
- Keep bathrooms clean and toilets flushed.
- Camp Piomingo is a litter-free environment. Please throw away all trash especially during snack time.
- Cabins should be cleaned every morning and kept ready for cabin inspection. The "Cabin of the Day" award will be given daily and comes with a special treat!
- Please leave cell phones, tablets, and other electronics at home.
- Walking is the best method of transportation from one place to another. Running is allowed for activities.
- We follow the Y's five core values of **Caring**, **Honesty**, **Respect**, **Responsibility**, and **Faith**.

Families will be notified if a camper is not following camp rules and expectations. Campers who refuse to act in a manner safe for themselves, others, or camp will be dismissed from camp early and the family will be required to pick them up without refund. This is at the discretion of Camp Leadership.





### **SPECIAL NEEDS/REQUESTS**

Please help us get back to the root of camping by respecting our no cell phone policy. We want all campers to find success during their time at camp. Sometimes there may be accommodations that need to be considered to ensure campers have a rewarding experience. If your camper needs special accommodations while at camp, please contact **Alex Carpenter**, the **Program Director**, at **502.942.2616** to schedule a "Camper Success Meeting". Accommodations may include, but are not limited to 504 plans, IEPs, neuro-divesity, gender inclusive, or mental health needs.

### BEDWETTING

Bedwetting happens from time to time. Some campers suffer from chronic bedwetting and some have the occasional accident. Our goal is that this should not prevent a camper from coming to camp. Our staff is trained to handle bedwetting discreetly and personally. If your camper wets the bed please be sure to note this on their Health Form. Providing this information in advance provides the staff with information so that they can check your camper's bed occasionally during their camp stay and manage accordingly. Encourage your camper to notify the counselor if they have an accident. Campers should be instructed to ask their counselors for help, and every effort will be made to prevent accidents. Any bedding, wet or soiled due to bedwetting, will be laundered and returned discreetly to the camper before Rest Hour.

### PREPARING FOR CAMP (continued)

### **ABSENCES**

We get concerned when your camper is registered, but does not show up for check-in. If you are not able to inform us prior to Sunday check-in, please call the **Camp Office** at **502.942.2616** and leave a message if your camper will be late or not able to attend. Please be specific, stating your camper's full name and the reason they will not be attending. If necessary, our office staff will return your call to confirm the details.

### **TELEPHONE**

Campers do not have phone access during their stay at camp. Campers may not bring cell phones or have phone access during camp. If a camper brings a cell phone and it is seen by camp staff, it will be removed from the cabin, stored in the office and returned to the parent at check-out. A YMCA Camp Piomingo staff member will contact you in the event of an emergency or other situation.

In the event of an emergency, parents can call the camp office to make arrangements to speak to their camper.



# Parents, friends and family are

encouraged to write letters to their campers to help them feel more comfortable while at camp.

It is a good idea to send letters in advance to camp so they are here on the first day!



### PREPARING FOR CAMP (continued)

### **CARE PACKAGES, LETTERS, AND EMAIL**

Parents are advised to bring letters and packages to drop-off during check-in on Sundays. We ask that all packages are brought to camp while being mindful of cabin sizes. Some campers have food allergies, so please do not bring anything containing nuts or peanut butter. We ask that you bring all care packages during check-in. We are always trying to alleviate outside people and items being brought onto camp property throughout the week, unless completely necessary. Please limit all mailings to letters or postcards. All letters can be sent to:

### YMCA Camp Piomingo c/o (Camper Name / Cabin #) 1950 Otter Creek Park Road Brandenburg, KY 40108

If you wish to email your camper, please complete the one-way email form in your CampInTouch account. Emails will be printed daily and handed to your camper. Campers will not, however, be able to email you back. We will reach out to you if the camp office is having technical difficulties and we are unable to print your email.

We understand that communication with your camper is important and we appreciate your patience when it comes to organizing and delivering mail to all of our campers.

We will do our best to deliver letters and postcards the day it arrives, but depending on what time the mail is delivered, it may be given to your camper the next day.



The CampInTouch address is: piomingo.campintouch.com/v2/login.aspx

You may also acces CampInTouch by scanning here:



### CAMPMINDER/CAMPINTOUCH

Your **CampInTouch** account (powered by **CampMinder**) contains everything you need to ensure your camper is enrolled, engaged, and connected to you throughout their stay at YMCA Camp Piomingo.

**Photos** – Camp photos will be uploaded via CampMinder, and can be accessed via the "Photos" tab. You must have a CampMinder account in order to access these photos, but you may provide guest accounts to other family members through the "Guest Accounts" tab. Furthermore, you may now set up facial recognition with the Campanion app to get notified whenever we post pictures of your camper!

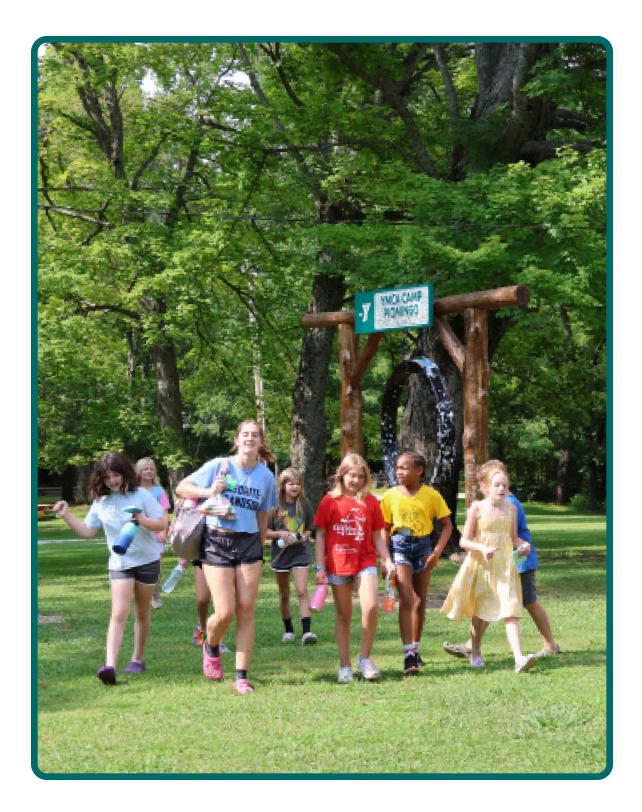
**News** – Staff will be uploading a few news articles from camp each week. You can access these via the "News" tab.

**Forms** – Under the "Forms & Documents" tab, one can add additional options to their camper's registration, complete bunk requests, upload a camper photo, and complete each camper's health history form. All forms are due by June 1.

**E-Mails** – One-way e-mails can be sent to your camper via the "Email" tab. Those e-mails will be printed off daily and given to the appropriate camper. In order to send e-mails, one must purchase "CampStamps" through the tab of the same name. Those stamps, like photo access, can be provided to other guest accounts of your choosing.

**Camp Store** – Campers will be able to access the Camp Store during their stay. If one would like to view camper transactions or add funds to the camper's account, one can do so by clicking the "View Camp Store" tab.

**Financials** – Under "Financial Management" Tab, change debit/cards used, as well as make a payment towards each camper's balance. Payments are due by June 1.



### WHAT TO BRING

### WHAT TO BRING (AND NOT BRING)

The following page contains a list of suggested and prohibited items to bring to a one-week camp session. Please use your own judgment regarding quantities and necessities for your camper. We suggest packing items in a Rubbermaid-type tote, to make it easier for campers to keep their items together. Please make sure to label your camper's luggage/tote/bin for easy identification. We are asking that personal items NOT BE SHARED during their stay at YMCA Camp Piomingo.

Clearly labeling all items with the camper's first initial and last name will help in finding lost items throughout the week. Since parents will not be allowed in the units or cabins, properly labeling items will allow staff to reunite the item with the camper.

YMCA Camp Piomingo is not responsible for lost or stolen items. We will, however, do our best to reconnect all campers with their lost items.

### LAUNDRY

Laundry service will be provided for an additional \$15 per camper, which can be paid for online through your Camp In Touch account, or by calling the office. It is only available for Stayover Weekend campers (included in the cost), CITs (included in the cost), LITs, and 2-week Equestrian Campers.



### **PROHIBITED ITEMS**

- Cash
- Cell phones
- Digital camera
- Expensive items
- Fireworks
- Hand-held video games
- iPads/Kindle/tablets
- iPods/MP3 players
- Matches/Lighter
- Pocket knives
- Smartwatches
- Video camera

### WHAT TO BRING (continued)

### **ITEMS TO BRING**

Please note that none of these items are essential for the camper experience.

#### • Shorts

- Long pants for cooler times of day and horseback riding
- Sleepwear
- Underwear and socks
- Raincoat
- Sweatshirt / Jacket
- Laundry bag
- Twin Bedding sleeping bag, sheet(s), blanket, pillow
- Water bottle
- Shower items bath towel, wash cloth, soap, shampoo/conditioner, toothbrush/toothpaste, and shower shoes

- Shoes must be closed toe (i.e. sneakers,boots, Keens, etc.) and at least one pair of sneakers for the ropes course
- Swimsuit and beach towels
- Sunscreen and bug spray
- Medication (see page 15)
- Commonly brought items – hand sanitizer, stationary, pre-stamped and addressed envelopes, flashlight, small battery-operated fan, backpack, disposable camera
- **Bins/Totes** maximum height allowance is 18.5"





### **NOTE!**

If a camper has a fever over 100.4 and exhibits symptoms of illness/ lice, FAMILIES WILL BE EXPECTED TO TAKE THE CAMPER HOME! Campers may return to camp with a doctor's note or without a fever for 24 hours. Campers with lice may return in 24 hours with a documented cleaning treatment.

#### **CHECK-IN DAY**

We will communicate with you one week before your camper's arrival.

Arrival – Enter the main gates of Otter Creek Recreational Park. A counselor will greet you and request that the hazard lights remain on while the car is on camp property. Follow the camp signs as you enter through the main gate. Families who arrive early WILL NOT BE ADMITTED until their assigned time. Families with multiple-age campers will be issued the latest check-in time.

CHECK-IN

**Sign-In** – Follow staff directions and signage to the screening area where campers will have a temperature and lice check. Bring luggage to sign-in table, and camp staff will deliver it to camper's unit. Give your camper's medications to the nurse. Wait until authorization is given to move on, then follow directions and signs to the camp gong.

**Goodbye** – Take a 'GONG PHOTO'. Camp families will walk to the camper's unit where our staff will greet and direct you to your camper's cabin. You will be allowed to move your camper in, but must leave before the end of your assigned check-in time.

**Exit** – Follow signs and staff directions to leave the property. After getting to know their counselors and fellow cabin mates, units will come together for orientation, where we will introduce staff, define behavior expectations, and give a tour of camp.



### **CHECK-OUT DAY**

We will communicate with you one week before your camper's arrival. Any special arrangements for check-out should be made in advance by calling the camp office.

**Arrival** – Enter the main gates of Otter Creek Recreational Park. Follow camp signs as you enter through the main gate. Families who arrive early **WILL NOT BE ADMITTED** until their assigned time. Families with multiple-age campers will be issued the latest check-out time.

Sign-Out – Follow staff directions and signage to the sign-out area where parents/guardians or authorized person(s) (listed in the authorization section of your campers registration) will be eligible to check-out the camper. All persons authorized to pick-up a camper must show a photo ID. Campers will not be released to anyone who is not on the authorization list or able to show a photo ID. We will not be requiring a signature, just a photo ID to match names on the authorization list. **Goodbye** – Luggage will be brought to the front of camp and can be picked up after signing their camper out. We invite all families to stay for a dinner to chat with their child's counselors and celebrate the week.

**Equestrians** – All families of equestrian campers will check-out following the steps above, but instead of heading back to your camper's unit, you will be directed to the barn to park. Here, families will reconnect with their camper and their luggage prior to the horse skills show if applicable.





### **CAMPER HEALTH POLICIES**

Pertinent information regarding any medical issues, special needs, and allergies must be clearly noted on your camper's health form. Please call our office prior to your camper's arrival if they have any special needs, which may include diabetes, sleep issues, recent trauma, or anything requiring extra staff attention.

#### **CAMPER MEDICATION**

Administration of medications (over-the-counter or prescription) will be performed by one of two on-site health care professionals. **You are required to note any medications on your camper's health form and bring all medications in their original bottles or packages.** At check-in you will hand over your medication in its original container.

#### **MEDICINE STOCKED AT CAMP**

The following medications will be stocked in our infirmary this summer. Thanks in advance from our health care team!

#### **PAIN MEDICATIONS:**

Acetaminophen (Tylenol)

**lbuprofen** (Motrin, Advil)

**GI MEDICATIONS:** 

#### Peppermints

Antacids (Children's Pepto, Tums)

Dulcolax/Miralax

Heartburn/Gas Chews

Immodium/Kaopectate

ALLERGY MEDICATIONS:

Allergy Relief (Benadryl, Claritin, Loratadine, Zyrtec)

Visine eye drops

### COUGH/COLD MEDICATIONS:

**Cough drops** (sugar-free)

**Cough** (liquid, capsule)

**Cold/Fever** 

Mucinex

Sudafed





### HEALTH STAFF ARE ONSITE 24/7 DURING CAMP SESSIONS

- Medicine will be delivered by nurses at meal times and bedtime in their camper unit
- Staff will contact health center staff if a camper in their cabin needs to consult with them on any medical concerns that may arise
- If possible, nurses will conduct any necessary assessments outdoors
- If a camper or staff member is suspected to have COVID-19, their families will be contacted and they will be sent for testing immediately
- Health staff will wear a mask, a face shield, disposable gloves, and a disposable gown while working with individuals who have a suspected case of COVID-19

### **ACCIDENTS, ILLNESS, OR INJURY**

YMCA Camp Piomingo staff are trained in first aid and risk management, but the nurse or health care professional will handle all medications, minor illnesses, and injuries. In the event that a child may become ill or injured in a manner requiring a prolonged stay in the infirmary, or needs further attention by the health care provider, the camper's parents will be contacted by phone.

### **HEAD LICE CHECK**

During check-in, camp staff will perform a lice check. It is our policy that if lice or nits/eggs are found, the camper will be sent home for treatment and cleared by their doctor. Campers will not be able to return to the cabin for at least 24 hours and after they have been checked and cleared by the camp nurse.





### HEALTH INFORMATION (continued)

### COVID-19 RESPONSE TO ILLNESS

- If fever is suspected or detected during daily health screening, temporal thermometers will be used to check at health center. If fever is present (100.4), we will notify parent/emergency contacts to pick up the child as soon as possible.
- In the event of fever or other symptoms of illness, the child will rest in isolation in the health center, away from other children, until parents/guardians arrive. Conversations will be had with parents/guardians determining if illness is deemed COVID-19 or something else entirely.

### COVID-19 RESPONSE TO EXPOSURE

In the case of possible exposure, self-quarantine, medically ordered quarantine or other possible concerns of Coronavirus exposure risks to our YMCA facilities or programs, please notify the camp office immediately.

In the case of a known exposure (currently being defined as a possible case) at our YMCA facility/program, Executive Director Kim Green will begin our Emergency Contact chain-of-contact and Communicable Disease Plan.

 Cabin Exposure: campers/staff within the same cabin will be asked to leave camp immediately and may return once approved by the Health Department. Campers/staff within the same unit of exposed cabin will be closely monitored for 48 hours.





### **CAMP LIFE – WHAT TO EXPECT**

### **TRADITIONAL CAMP (AGES 6-16)**

Traditional Youth and Teen programs are one-week programs for ages 6-16. Campers will stay in a cabin with trained counselors and participate in camp activities such as archery, rock climbing, arts and crafts, and much more! There is also one two-week Traditional Camp session available.

### **TRADITIONAL MINI-CAMP (AGES 5-12)**

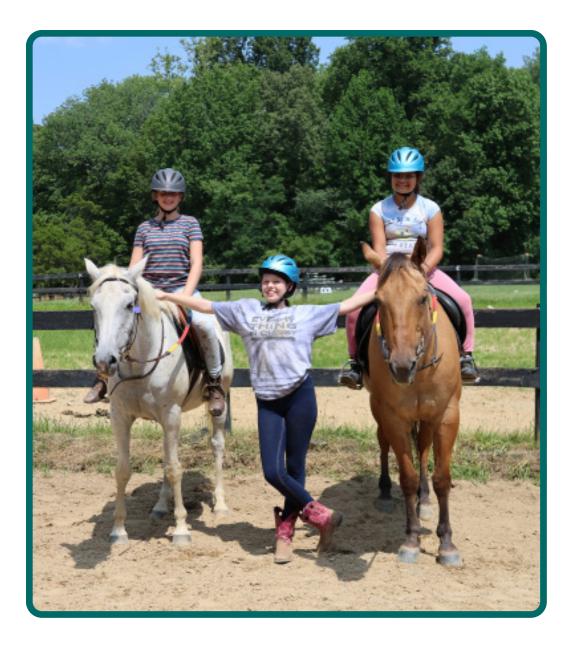
Our Traditional Mini Camp is a 3-day, 2-night experience for campers aged 5-12 that want to get a taste of what YMCA Camp Piomingo has to offer.

### LEADERS IN TRAINING (LIT) (AGES 15-16)

The Leaders in Training (LIT) program is the first part of the Leadership Development Program at YMCA Camp Piomingo. Through this two-week program, LITs will learn and develop leadership, communication, and life skills—all while connecting with their peers and participating in camp activities.

### COUNSELOR IN TRAINING (CIT) (AGES 16 & 17)

The Counselor-In-Training (CIT) program is for 16 and 17-year-old campers who wish to eventually become a camp counselor at YMCA Camp Piomingo. A CIT spends three weeks at camp developing leadership skills and gaining experience as a camp leader. Through the CIT program, your teen will identify and achieve goals, improve communication and decision-making skills, and contribute to the overall improvement of camp.



### CAMP LIFE - WHAT TO EXPECT (continued)

### **DAILY SCHEDULE**

Below is an example of the daily schedule for your camper. Times and activities will vary depending on the program. Summer 2024 camper schedules for certain activities will be set prior to their arrival while some program areas will be choice-periods based on availability.

7:50am Flag Raising

6pm Dinner

8am Breakfast

7pm Free Time

7:45pm Evening Activity

**9pm** Bed Prep

10/10:30pm Lights Out

**9am – 12pm** Clinics/Riding Lessons

12pm Lunch

1pm Rest Hour

2-4pm

Cabin Activities/Pool Time

**4–5:50pm** Afternoon Activities/Riding Lessons

5:50pm Flag Lowering

### CAMP LIFE – WHAT TO EXPECT (continued)



• Photography /

Videography

Target Sports

• Team Games

Role Playing Games

• Pottery

#### **CLINIC PERIODS**

For our Traditional campers, clinics are progressive areas that, throughout the week (Monday through Thursday), will build on the previous day's learnings to build skills in specialty areas. The clinic options for the week are presented to campers on Sunday, followed by a sign-up period. Fridays are reserved for "Fantastic Fridays", where counselors create fun clinics not offered the rest of the week. Please note that this is a general list of clinics and has potential to change based on the skills of staff. Often there are new clinics that may be added.

Some of these clinics are:

- Adventure Climbing
- Archery
- Arts and Crafts
- Marksmanship
- Mountain Biking
- Outdoor Living Skills

### **EVENING ACTIVITIES**

Each evening has a special time for campers to either come together as a unit or the whole camp and participate in different activities until the sun goes down. Please note that this is a general list of evening programs and has potential to change. Evening activities are based on the week's theme.

- Boat Racing
- Camp Dance
- Cook Out / Camp Out\*
- Gold Rush

\*Offered each week

- Lip Sync
- Opening/Closing Fire\*
- Renaissance Faire
- Unit-Specific Activity





### CAMP LIFE - WHAT TO EXPECT (continued)

### **PATHFINDER PROGRAM**

Our Pathfinder program is a progressive and achievementbased program that rewards campers who explore their interests and work to improve their skillset within them.

Wooden nickels are given to campers that are able to accomplish increasingly challenging feats (5 levels) in each program area. Only one wooden nickel per program area can be earned each session.

Program areas in our Pathfinder Program include:

- Archery
- Marksmanship
- Canoe / Kayaking
- Arts and Crafts
- Camp Craft and Outdoor Cooking (CCOC)
- Horseback Riding
- Rock Climbing / Ropes
- Pottery
- Mountain Biking



#### **SUMMER FUN SINCE 1938**

YMCA Camp Piomingo is deeply rooted and we take pride in our traditions. We work to share and instill these traditions with our campers every summer. We also love sharing our traditions with parents in order to facilitate conversations after camp is over.

**Wooden Nickel** – Represents the level achieved in the Pathfinder program.

**Certificate** – Included in your camper's check-out packet and will list activities they did during their stay at camp.

**Patch of individual element** – Member – attends camp for the entire session, participates in all activities, and shows overall enthusiasm about camp and their unit.

**Pin of individual element** – Representative – leads cabin group, participates in all activities, and demonstrates spirit within their unit.

Patch of all 4 elements – Delegate – be a leader amongst your program, participate in all activities, and demonstrate spirit amongst camp as a whole.

**Bracelet (CITs only)** – Steward – be a leader amongst all of camp, participate in and lead activities, and demonstrate spirit that reaches all components of Camp Piomingo traditions.

**Ribbon** – Signify the number of years a camper has been coming to camp. They are given to campers that reach specific milestones.

**Spirit Awards** – for most spirited unit and cabin/group.

**Unit Cheers** – Each unit is different so ask to hear some!

Thank you again for choosing YMCA Camp Piomingo. Please let us know if you have any questions, comments, or concerns.

### **SEE YOU THIS SUMMER!**